North Carolina Total Retirement Plans

Form 5FR

Withdrawing Contributions from the Firefighters' and Rescue Squad Workers' Pension Fund

Please print or type in black ink.

Section A. Tell us about yourself.

FIRST NAME	MI	LAST NAME		SUFFIX
MAILING ADDRESS				SSN
CITY	STATE	ZIP CODE	TELEPHONE NO.	MEMBER ID
E-MAIL ADDRESS				DATE OF BIRTH

FIRE DEPARTMENT OR RESCUE SQUAD NAME (CURRENT OR MOST RECENT)

Section B. Please authorize this withdrawal with your signature.

I understand that:

(1) by withdrawing contributions from the Firefighters' and Rescue Squad Workers' Pension Fund, I lose all rights and benefits (including disability, if applicable) from the Fund both for myself and my beneficiaries

(2) if I later rejoin the Fund, I will not be eligible to purchase this withdrawn service

(3) the refund will be equal to both my contributions and contributions paid by others on my behalf into the Fund

Member's Signature_____ Date_____

Section C. Please have this form notarized. Improperly notarized forms will not be accepted.

Notary Public Certification

State of _____ County of _____

I, _____ , a notary public for said State and County,

do hereby certify that _____ personally appeared

before me this date and acknowledged the due execution of the foregoing instrument.

INK SEAL HERE

Witness my hand and official seal this the _____ day of _____, 20____

Signature of Notary _____

My commission expires _____

Section D. After all sections are completed, please submit the form by mail.

You may mail the completed form to the address listed below. If any erasures, strikeovers, or white-outs are found in any signature line or notary section, this form will not be accepted, and you will need to complete a new Form 5FR.

Thank you.

N.C. Department of State Treasurer, Firefighters' and Rescue Squad Workers' Pension Fund
3200 Atlantic Avenue, Raleigh, North Carolina 27604
(919) 814-4590
www.myNCRetirement.com

North Carolina
Total Retirement Plans

Form **5FR Guides**
Withdrawing Contributions from the Firefighters' and Rescue Squad Workers' Pension Fund

Guide A. When is a refund available to me?

How do I receive a refund?
If you are no longer eligible or choose not to participate in the Fund for any reason other than retirement or death, you can receive a refund of your contributions by completing this form (Form 5FR).

Do I receive interest on my refund?
No interest will be paid on the amount of the refund. You will receive only the amount of contributions paid by you and paid by others on your behalf into the Fund.

Is my refund taxable?
No. Monthly contributions paid by you and paid by others on your behalf into the Fund have already been taxed, so your refund is not subject to income tax.

Can I roll over my refund to an IRA?
No. These monies have already been taxed; therefore, they cannot be rolled into a tax-deferred retirement plan.

Guide B. What are the consequences of proceeding with a refund?

If I receive a refund, can I later purchase the service and contributions that I have withdrawn?
No. If you receive a refund of your contributions, you will lose your service credit for the period represented by the refunded contributions, and you will not be eligible to later purchase your withdrawn Fund service.

If I stop contributing, will I be forced to withdrawn my service/contributions?
No. You may leave your contributions in the Fund, later resume contributing to the Fund when you return to eligible firefighter or rescue squad service, and still apply to receive a monthly benefit at a later date, once you are age 55 provided you have completed and paid contributions for 20 years. If you leave the Fund before you have 20 years of creditable service, the only payment you can receive is a refund of your contributions.

Thank you.

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